

16. The bowl of claim 15, wherein one or more of said craters is in the shape of a spoon.

**Abstract**

A bowl with one or more indentations built into the inside surface of the bowl, enabling its user to collect pasta and other foods onto a fork and twirl it into a "ball" against one spot in the inside of the bowl without the use of a spoon, thus eliminating the need to hold a spoon in connection with the consumption of pasta or noodles and other similar foods.